

Cross Keys Learning

Relationship and Sex Education Policy

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This policy will be reviewed at least annually for the first 3 years from September 2022 and then every 3 years from 2025 or following any updates to national and local guidance and procedures.

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1. Introduction

This policy covers Cross Keys Learning whole school approach to Relationships and Sex Education (RSE). We believe that RSE is vital for the personal, social and emotional development of our pupils. It equips children and young people with the information, skills and values they need to have safe, respectful and enjoyable relationships and empowers them to take responsibility for their sexual health and well-being. Cross Keys Learning believes that all children and young people have a right to holistic, inclusive and needs led RSE. We believe that through providing high quality RSE, we are upholding the ethos and values of our school and its commitment to equality and celebration of difference

We will ensure the policy is effectively communicated to staff and parents, including through publishing the policy on our school website.

The information below complies with our statutory obligations to deliver RSE under sections 34 & 35 of the Children and Social Work Act 2017. It will have due regard for the DfE's statutory Relationships Education, Relationships and Sex Education and Health Education Guidance and other relevant guidance. We will review the policy annually to ensure that it is in line with current Government guidance and legislation and to ensure that our RSE programme continues to meet the needs of our pupils.

The policy should be read in conjunction with other relevant policies: anti-bullying policy, behaviour policy, child protection and safeguarding policy, PSHE, science curriculum policy, online safety policy

2. Equality, inclusion, and social justice

We believe that RSE is a key vehicle for promoting equality, inclusion, and social justice. Our RSE is designed to promote gender equality through challenging gender stereotypes and sexism and sexual harassment in schools. We take these issues seriously and ensure that we embed content on gender equality throughout the curriculum. We are also committed to an RSE that makes every pupil feel valued and included and is relevant to them. This means we are committed to an LGBT+ inclusive and SEND inclusive curriculum and are mindful of the SEND Code of Practice 2015 when planning for this subject. We will also ensure that we consider the religious and cultural background of all pupils when teaching RSE. An inclusive RSE at Cross Keys Learning will seek to challenge all forms of discrimination and prejudice between pupils and promote understanding and respect as outlined under the Equality Act 2010

Schools should consider what they can do to foster healthy and respectful peer to-peer communication and behaviour between boys and girls and provide an environment which challenges perceived limits on pupils based on their gender or any other characteristic, including through these subjects and as part of a whole school approach. (RSHE Guidance, p14)

3. Definition of relationships and sex education

We define relationships education as learning about the physical, social, legal, and emotional aspects of human relationships including friendships, intimate, sexual, and committed relationships, and family life. We define sex education as learning about the physical, social, legal, and emotional aspects of human sexuality and behaviour, including human reproduction. This includes conception and contraception, safer sex, sexually transmitted infections, and sexual health.

We take the approach that Relationships and Sex Education are best approached in an integrated way and using a gender equity and human rights framework. We will take care to highlight lessons that contain what we define as sex education so that we can respect the wishes of parents who have withdrawn their children from this content. Simultaneously, we will seek to nurture children's curiosity about the world around them, supporting their development and their respect for themselves and each other.

Give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships. It should enable them to know what a healthy relationship looks like and what makes a good friend, a good colleague and a successful marriage or other type of committed relationship. It should also cover contraception, developing intimate relationships and resisting pressure to have sex (and not applying pressure). It should teach what is acceptable and unacceptable behaviour in relationships. (RSHE Guidance, p25)

To cover the curriculum content outlined in the RSHE Guidance, we will equip our pupils to build positive and respectful relationships online and offline. We seek to ensure that it gives pupils the knowledge, skills, attitudes, and values that will help them to:

- realise their health (including sexual health), wellbeing and dignity
- build self-esteem and self-worth
- explore and value their personal and sexual identity and the personal/sexual identities of others
- understand family structures, committed relationships and the legal status of different types of long-term relationships
- understand and make sense of the real-life issues they are experiencing in the world around them
- manage and explore difficult feelings and emotions
- consider how their choices affect their own wellbeing and that of others
- develop as informed and responsible citizens
- understand and ensure the protection of their rights throughout their lives.

We believe that high quality, comprehensive RSE does not encourage early sexual experimentation but in fact builds young people's confidence and self-esteem and helps them understand the reasons for delaying sexual activity. Evidence shows that effective RSE plays a role in behaviour change, including reducing unprotected or unwanted sex and reducing harmful behaviour, including sexual harassment and sexual violence.

4. Subject content

The curriculum programme is developed by the teacher, Subject Lead and SLT; reviews of this policy will take place once it has been embedded and in conjunction with the views of teachers, pupils, and parents/carers. In Cross Keys Learning we will meet the learning objectives and content outlined in the Relationships Education, Relationships & Sex Education and Health Education Guidance. All content will be delivered in a timely way and will be age and developmentally appropriate to meet the needs of our pupils, including those pupils with SEND. Our scheme of work will be taught according to each age group and key stage. Sessions which teach the students about healthy relationships will be mandatory, parents will not be able to withdraw their child from these sessions. We will use a range of resources and activities to deliver these sessions which may include, but are not limited to discussions, Power Points and external speakers and experts.

Subject delivery RSE will be delivered in Cross Keys Learning as part of our Personal, Social, Health and Economic (PSHE/PSE) education curriculum, which has planned, timetabled lessons across all key stages. The teacher and subject lead will work closely with colleagues in related curriculum areas (science, computing, enrichment, PE and citizenship) to ensure a holistic and joined up approach to what is taught in RSE. We also supplement learning through using a whole school approach and utilising time outside of the classroom, such as celebrations and events. RSE will address aspects of relationships and sex in an integrated way within a single topic. We will take care to highlight lessons that contain what we define as sex education so that we can respect the wishes of parents who have withdrawn their children from this content. We also use external agencies (METRO) where appropriate

to deliver aspects of Relationships and Sex Education (see section below). The programme will be delivered in a non-judgemental, factual way, using the correct medical terms where appropriate (for example when teaching about external body parts). School staff will not express or be expected to express their personal views or beliefs when teaching RSE.

All staff who have responsibility for delivering RSE will undergo training on a regular basis to ensure they are up to date with the RSE policy and curriculum requirements regarding RSE. In addition to ongoing training, CPD will also be scheduled in response to updates to our RSE scheme of work and any new development in terms of course content.

Effective teaching in these subjects will ensure that core knowledge is broken down into units of manageable size and communicated clearly to pupils, in a carefully sequenced way, within a planned programme or lessons. (RSHE Guidance, p8)

5. Monitoring

We regularly monitor our RSE scheme of work to ensure that the quality of teaching is consistent, that the curriculum is meeting the new national requirements under the Relationships Education, RSE and Health Education guidance, and that learning outcomes are reflective of pupil need. This policy will be reviewed by the school's leadership team in conjunction with the teacher, subject lead students and parents annually. The School's Leadership Team monitors the implementation of the programme through:

- ✓ Lesson observations
- ✓ Planning scrutiny
- ✓ Looking at samples of pupils' work

6. Evaluation

Evaluation of our programme is crucial to ensure that we can continue to improve on provision and teaching effectiveness. The evaluation process involves structured and informal pupil and staff feedback including:

- ✓ Teacher evaluation of lessons and the overall RSE programme
- ✓ Evidence from lesson observations
- ✓ Feedback and evaluation by pupils (for example, using pupil interviews, questionnaires/surveys, focus groups or using pupil question boxes.)
- ✓ Scrutiny of pupil assessment records
- ✓ Sampling pupil work and portfolios.

7. Pupil assessment

Cross Keys Learning uses a range of assessment methods to get regular feedback on pupil progress in RSE. We also use pupil assessment to identify where pupils need extra support or intervention. Lessons are planned to ensure that pupils of differing abilities, including the most able, are suitably challenged. Assessment methods used include:

- Project work
- Written assignments
- Students' pre and post unit self-evaluation (Cold and Hot Tasks)
- Reflective pupil comments (Whole Class Feedback Forms)

8. Pupil voice

Pupil voice is central to the culture and ethos of Cross Keys Learning. We use pupil voice to evaluate how relevant and engaging RSE is to children's lives. We will use Student Council and Session

Observations to gain pupil Voice. Throughout our RSE scheme of work we embed pupil voice practices to enable students to express their views on the range of topics and issues that RSE covers and to ensure that they listen to other opinions and evidence, reflect on their own perspectives, and take a broader view. We want to ensure that all pupil voices are heard but that those views that are hurtful, offensive, or exclusionary do not dominate and are addressed. We want to ensure a culture where human rights, social justice, inclusion, and diversity are promoted.

We will use self-assessment and peer-assessment tasks so that pupils can engage in discussions and reflect on their contributions as well as those of their peers.

9. Answering pupil questions

RSE explores a range of issues that may provoke questions from pupils. We view questions as a positive sign that pupils are engaged with what is being taught and feel able to express natural curiosities about themselves, their bodies, and relationships with others. As much as possible, where a question is relevant to the whole class, we will answer it to the whole group. There may occasionally be the need to deal with a question outside of the classroom if it is not suitable for the entire class. Questions will always be answered in an age and developmentally appropriate way and consider whether a parent/carer has requested their child to be removed from sex education lessons. School staff will not be expected to answer personal questions about themselves or to ask direct personal questions of their students that could make either party vulnerable. We believe that an open approach to answering questions prevents pupils from learning inaccurate or harmful information online or from peers and older students. We believe exploring issues with the whole class helps to reduce the stigma and shame that can surround some of the issues explored in RSE. Importantly, we believe that children are better protected from harm and abuse when they can discuss issues openly with trained professionals and in a safe environment.

We also provide a question box in the communal area, for students to use to ask questions anonymously. These questions can be shared with relevant professionals who can respond using the school notice board. We have also arranged for Drop-in sessions for these professionals, where students can self-refer.

10. Working with parents/carers

We believe that the successful teaching of RSE involves parents/ carers and schools working together. The Cross Keys Learning RSE policy will be sent out for consultation with parents/carers at the beginning of each academic year. We also believe that parents/ carers can play an important role in the RSE of their children through exploring discussions at home that have taken place in school. We work with parents/carers to ensure that they are aware of what we teach and when through the following methods:

- Parents' evenings
- Workshops
- Consultation and sharing copies of the RSE policy in face-to-face meetings and/ or through emails.
- Letters to parents/carers giving information about when RSE will be delivered and when certain classes (including classes that involve sex education) will take place

If parents/carers have any concerns or special circumstances the school should be aware of, or would like any further information about the curriculum, we will have a designated time for them to come into the school. We may share examples of some of the key resources we use with parents/carers to reassure them of the content and to enable them to continue the conversations started in class at home.

(Consultation on RSE policy undertaken with parents/carers October 2022 & 2023)

11. Parental right to request their child be excused from sex education.

As outlined within the Statutory Guidance, parents/carers have the right to request their child be withdrawn from all or part of sex education lessons that are delivered as part of RSE. Parents/carers do not have a right to withdraw their child from Relationships Education. Parents/carers do not have the right to withdraw their child from any sex education delivered as part of the Science curriculum. Parents do not have the right to withdraw their child from Health Education. All children will have the right to opt into sex education three terms before they turn 16 and the school will decide for this to happen. In practice, this means that when a child turns 15, they have the right to be taught sex education if they want to.

Although parents/carers have the right to request to withdraw their child from any or all of sex education as part of Relationships Education, it is our aim to encourage parents to see the value of RSE learning and its contribution to keeping children safe, developing their emotional, social, and physical wellbeing and for promoting equality and social justice. Should a parent decide that they do not wish their child to take part in any of these lessons, we would ask that they first speak to the headteacher to discuss their concerns. The headteacher will discuss the request with the parent/carer to fully understand and address any concerns/objections to the content of the curriculum. If parents/carers do decide to withdraw their child, they should inform the headteacher in writing and the school will keep a record of this. Except in exceptional circumstances, we will respect the parents' request to withdraw their child up to and until three terms before the child turns 16. After that point, if the child wishes to receive sex education rather than be withdrawn, the school will decide to provide the child with sex education during one of those terms. We will remind parents annually that the request to withdraw is still in place and invite them to confirm whether they still want it.

12. Working with visitors and external agencies

From time-to-time Cross Keys Learning may invite external experts and visitors to deliver parts of our RSE scheme of work. External visitors will be selected to enrich and supplement our RSE by bringing skills, methods and expertise to the classroom and the whole school. External visitors may include the Schools Police Officer, Counsellor, Sexual Health Nurse (METRO), The Giles trust, CACT (Charlton Athletic Community Trust) and NHS nurses.

A teacher will always be present throughout these lessons to build on the pupil's learning after the session/s as well as answer any questions the pupils may subsequently have. Any external visitor will be expected to comply with this policy and other related policies, including the school's confidentiality and child protection policy. We will also ensure that:

- ✓ There is appropriate planning, preparatory and follow up work for the session.
- ✓ The visitor understands the cohort of children involved, including the different ability levels and diversities in identities across protected characteristics. They will also be made aware of any specific issues relating to child protection.

13. Safeguarding and child protection

Cros Keys Learning acknowledges that RSE is crucial for creating a culture of safeguarding within the school and for meeting our statutory obligations as outlined in Keeping Children Safe in Education. RSE helps children to understand the difference between healthy and abusive relationships and to understand how to get help if they are experiencing abuse, or have experienced, abuse. We recognise that when discussing some of the issues RSE covers some pupils could disclose abuse or other harmful experiences. In cases of a disclosure, all staff have statutory training around child protection and will follow the school's safeguarding policy and procedures. We would expect teachers to discuss safeguarding processes as a starter to the sessions being taught so students are reminded of the process and policies in place to ensure the session is inclusive, and a safe environment. Dependant on

the group this may be revisited at the end of the session. We also recognise that some children may be vulnerable to some of the content delivered in RSE due to a previous safeguarding concern, ongoing concerns, or changes to their personal life. For those children, additional support will be given to prevent them being affected by the scenarios or topics in their planned lessons.

While Cross Keys Learning wants to create a learning space that feels safe for children and young people to disclose, we also want to protect children's privacy. Teaching staff will students aware of confidentiality principles and remind students that the open forum is not a place to discuss personal matters, however inviting any further questions/ queries of a personal nature to be put forward using questioning boxes, pastoral sessions, or extended sessions as appropriate.

Cross Keys Learning will review the policy in September 2023 and annually for the first 3 years, following which it will be reviewed every 3 years, to ensure it complies with the Relationships Education, RSE and Health Education Guidance.

In adopting this policy, Cross Keys Learning recognises its responsibility for ensuring the policy is implemented effectively, including that the subjects are resourced, staffed, and timetabled in a way the ensures that the school fulfils its legal obligations.

14. Complaints about this policy

If parents/guardians are dissatisfied with any aspect of the Cross Keys Learning Relationship and Sex Education policy, they are encouraged to communicate this to the Cross Keys Learning Headteacher enquiries@crosskeyslearning.com in the first instance.

